



Embodying Fluidity Tele-Class 2009

2009 is a 'portal' period, a time for creating conscious choice points in each and every moment. The Embodying Fluidity program presents a method for optimizing the present moment and embodying conscious flow. The program is a flow in and of itself, as one module builds on the one before it. Module One is the foundation class and is prerequisite to those that follow.

Delphic Wave will be offering a tele-class program for 2009 that will support all of us in shifting from the fixed forms of the old cycle (polarity) into the more fluid forms of unity consciousness, and living from the heart.

Each time we make a choice, consciously or unconsciously, to see and experience life in a certain way, we encode or 'fix' our field a little more. We define and identify, we box and label a vibratory pattern as 'truth' when truth itself is constantly flowing and we are meant to flow with it.

When we choose to shift consciousness, to grow and change, we must let go of the 'old encoding', make more fluid choices and allow new structures to be birthed that will carry us into expanded states of awareness.

The Embodiment of Fluidity is a process that can be integrated and embodied to create a stable container for alchemical transformation for yourself and others. Using this process you can facilitate radical shifts in creative experience and expression from conscious choice, aligned with your soul signature and with Source.

~ Module Two of Three in the 'Embodiment' series~

The Embodiment of Fluidity

~ Transforming Physicality into Fluidity

- Understanding the architecture of physically held programs
- How to release your astrological, enneagram & other internalized archetypes
- Dissolution of bloodline, genetically inherited and deep cellular encoding

This series of (3) three - 1 hour and thirty minute tele-classes, each covering an aspect of a new process for the embodiment of flow, begins with a brief guided meditation for 'holding the container' for conscious shifting, and ends with a brief clearing meditation as well, to facilitate release into a new configuration.

Please have writing materials on hand, for each class.

Class One - @date @ time

Understanding the Architecture of Physically Held Programs

Our physical, emotional, and psychic bodies hold programmed patterns long after we have released or dealt with them mentally. These are the patterns that come up when we least expect them or feel we have 'already dealt with that' (sometimes, for years!) Body-held patterns have specific trigger points and often quite sophisticated symptoms or pathology. By identifying the deepest layers of these patterns (their archetypal essences) we can release them at the root, facilitating a complete shift in physical modality.

Class Format:

- Opening guided meditation for holding the container
- Overview of how 'bodily' held programs operate
- Working with archetypal essences to shift deeply held identities
- Releasing the vibratory patterns present
- Summary
- Q & A
- Closing clearing

Class Two - @date @ time

Finding Home (what is your soul alignment?)

Class Format:

- Opening guided meditation
- How to sense your soul alignment (or optimize, if you know!)
- How to release blueprint patterns into vibrational integration
- How to allow yourself to align within
- Summary
- Q & A
- Closing clearing

(Note to Lightworkers: this is where you plug in what you know as well, so please ask!)

Class Three - @date @time

Facilitating a Re-Structuring of Awareness

- Opening guided meditation for holding the container of transformation
- Quick Q & A on working with the material

- How to 'ground within' and find closure
- How to release at the core level & what to expect
- Summary
- Q & A
- Closing clearing

** Notes from each class will be distributed via email to all participants.



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